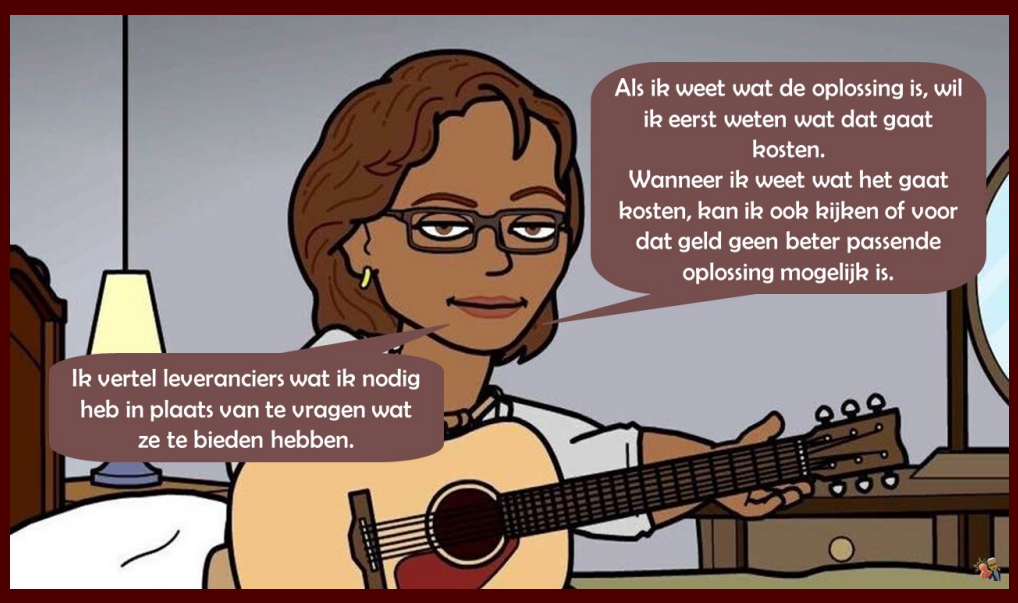Alice Opdepenning — Spaarzaam is de beste zorg